

## **Stress and Occupational Health and Safety—Lessons from Case Law**

Duration: Half Day

---

### **Programme Overview:**

The Stress Occupational Health and Safety Programme introduces OHS and HR Practitioners to the key aspects of work-related stress and the requirements on companies to manage work-related mental health issues derived from current legislation and court decisions.

This programme will examine the legal definition of stress and mental wellbeing, the expectations of the courts with regards to assessment and policies. It will also include Ibec advice on how to establish a programme for the practicable management of work-related stress.

### **Programme Outcomes:**

On completion of the programme, participants will be able to:

- Understand OHS law in relation to stress and mental wellbeing
- Irish and European Case Law
- Practical interpretation of case law
- Risk assessment of stress
- Policies and procedures

### **Approach:**

The programme runs over a half day. The programme is delivered by experienced Ibec Executives who provide members advice, consultancy and training on a daily basis. Programme participants are encouraged to express their views and experiences. The programme facilitates participant discussion to ensure a thorough understanding of the key points and their application.

### **Who Should Attend?**

The programme is designed to meet the needs of Human Resource Specialists who find themselves dealing with the OHS area, both in policies and practice. Understanding Occupational Health and Safety is essential to those in charge of implementing those policies and who find themselves dealing with OHS as an IR issue.

### **Cost:**

Ibec member rate:	€150
Ibec non-member rate:	€175

**Region:            Dates**

Dublin	Feb 3, 2017
Donegal	Aug 24, 2017
Dublin	June 22, 2017
Limerick	Dec 1, 2017

**Venue:**

Ibec, 84/86 Lower Baggot Street, Dublin 2  
Ibec, Gardner House, Bank Place, Charlotte Quay, Limerick  
Ibec, 3rd Floor, Pier One, Quay Street, Donegal Town, Donegal

**Time:**

9.30am to 1.00pm

**Further Information:**

For further information, please contact Marie Keogh on phone 01 605 1645 or at [marie.keogh@ibec.ie](mailto:marie.keogh@ibec.ie)